



HILLSIDE SOCCER CLUB

## Portland Area Soccer Opportunities

### Recreational League Descriptions

#### Recreational Clubs

This is where soccer begins for most players. It is fun, inclusive and focused on team play and sportsmanship. All players welcome.

**Ages** – 5 and up

**Travel** – limited to neighboring communities

**Cost** - \$70 - \$120

**Tryouts** – N/A

- Hillside Soccer Club – Kindergarten – 5<sup>th</sup> grade ([www.hillsidesoccer.org](http://www.hillsidesoccer.org))
- West Sylvan Soccer Club – 6<sup>th</sup> – 8<sup>th</sup> grade
- Portland Youth Soccer Association – All clubs

#### High School Coed Recreational Soccer

Soccer for the fun of it. Teams formed as players join.

(<http://www.portlandsoccer.org>)

**Ages** – 9<sup>th</sup> – 12<sup>th</sup>

**Travel** – Limited

**Cost** -

**Tryouts** – N/A

#### Rec Plus/Player Development Programs

This PYSA program is designed for Recreational Players who want a little extra. Players continue to play for their recreational teams and play supplemental games, usually on Sundays, with their Development Team.

Hillside Soccer Club teams and players have options:

- Register recreational team as a whole
- Combine players from several teams to form and new team to compete in the Rec Plus program
- Join players from another club to participate in Rec Plus.

**Ages** – U10 & U11/U12 & U13/U14

**Travel** – Within Portland Metro Area

**Cost** – \$35 per player

**Tryouts** – N/A

Register teams with PYSA by August 21st

- Hillside Soccer Club
- Bridlemile Soccer Club – U9-U10 ([www.bridlemilesoccer.com](http://www.bridlemilesoccer.com))  
May event – open to all



## Recreational League Progression

### Kindergarten

- 1 practice per week (during the week)
- No official games
- Saturday morning kick around at Hillside Community Center (optional)
- Fall only – no Spring soccer

### 1<sup>st</sup> Grade (U7)

- 1 practice per week in the Fall
- Game on Saturday
- 3v3 format – no goalies - with 2 games going at the same time.
- Parent/Coach referees games
- Spring soccer – 1 game per week, no practice

### 2<sup>nd</sup> Grade (U8)

- 1 practice per week in the Fall
- Game on Saturday
- 4v4 format – no goalies - with 2 games going at the same time.
- Parent/Coach referees games
- Spring soccer – 1 game per week, no practice

### 3<sup>rd</sup> Grade (U9)

- 2 practices per week in the Fall
- Game on Saturday
- 6v6 format with a goalie – 1 game only.
- Paid referees
- Spring soccer – 1 game per week, no practice

### 4<sup>th</sup> Grade (U10)

- 2 practices per week in the Fall
- Game on Saturday
- 8v8 format with a goalie – 1 game only.
- Paid referees
- Spring soccer – 1 game per week, no practice

### 5<sup>th</sup> Grade (U11)

- 2 practices per week in the Fall
- Game on Saturday
- 11v11 format with a goalie – 1 game only.
- Paid referees
- Spring soccer – 1 game per week, no practice



## Portland Area Soccer Opportunities

### Competitive League Descriptions

#### **Classic Soccer (Premier)**

This is a competitive soccer program for players interested in state level challenges. Many players from this program go on to play competitively in high school and college.

Hillside recommends staying with HSC through at least U10, and some programs allow for both U10 classic and rec.

Typically, 20% - 30% of Hillside Soccer Players will opt to play competitive soccer.

**Travel** – throughout the state, but more focused on local

**Cost** - \$500 - \$1,000 + travel expenses per season

**Tryouts** – Mother's Day for following Fall Season (meaning a spring U10 tries out for a Fall U11 team on Mother's day)

HSC does is not affiliated with any of the competitive programs. Below is a list of the three clubs located closest to HSC.

- Bridlemile Soccer Club (practices at OES)

([www.bridlemilesoccer.com](http://www.bridlemilesoccer.com))

- Portland City United (PCU)

(will practice near Lloyd Center at Buckman Fields)

([www.pcusc.org](http://www.pcusc.org))

- Oregon Soccer Academy (OSA, practices at PSU)

([www.oregonsocceracademy.com](http://www.oregonsocceracademy.com))

#### **Olympic Development Program**

This is the most competitive soccer in Oregon. Players in this program typically aspire to Division I soccer in college.

**Travel** – Generally in the northwest region, but tournaments as far away as Florida.

**Cost** – \$1,500 + travel (expect \$10,000 annually)

**Tryouts** – August

**Ages** – Calendar Year based instead of school year, in December 2010, all 1998 born kids can try out for the '98 team.

- Oregon Youth Soccer Association

(<http://www.oregonyouthsoccer.org>)

- Oregon Premier League

(<http://www.oregonpremierleague.com>)

#### **Oregon Youth Soccer Association (OYSA) v.**

#### **Oregon Premier League (OPL)**

Classic soccer was once the sole domain of OYSA.

Over the past couple of years, OPL has attracted the majority of the top clubs away from OYSA.



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## Portland Area Soccer Opportunities

### Off-Season/Early Opportunities

#### Indoor Opportunities

- Futsal – open team enrollment ([www.portlandfutsal.com](http://www.portlandfutsal.com)) – SE Portland
- SoccerPlex ([www.portlandsoccerplex.com](http://www.portlandsoccerplex.com)) – Beaverton-Hillsdale Hwy, Portland
- MJCC Indoor Soccer (<http://www.oregonjcc.org>) - SW Capitol Highway, Portland
- Portland Indoor Soccer (<http://www.pdxindoorsoccer.com/>) SE Main St, Portland

#### For the Wee Ones

- Lil' Kickers  
18 months to 8 years  
(<http://www.pdxlilkickers.com/>)

#### Summer Opportunities

- Skyhawks Soccer Camps  
Ages 3-12  
Many camps throughout the summer  
([www.skyhawks.com](http://www.skyhawks.com))
- Bridlemile Player Development Program and Soccer camps ([www.bridlemilesoccer.com](http://www.bridlemilesoccer.com)) Ages 3-12
- University of Portland Soccer Camps  
([www.bigssoccercamps.com](http://www.bigssoccercamps.com))  
Ages 7-13
- UK Elite Soccer - <http://www.ukelite.com>



## Tournaments & Training

### Soccer Tournaments in Oregon:

(note – some of the tournaments listed in this directory require player cards from a US Club Soccer – this should be available from PYSA for a small per player fee in the near future).

<http://www.soccer-tournament-guide.com/SoccerTournamentsinOregon.html>

### June

- Beaverton Cup 4v4
- Central Oregon Soccer Shootout
- Corvallis Showcase Invitational
- Eugene Metro 7v7 Blast
- Oregon Rush Kick It 3v3
- Senior Chinook Cup
- Soccer in the Sand - Seaside
- Summit Mortgage Challenge Cup
- Tigard Festival of Balloons 6v6
- United Cup

### July

- adidas Beaverton Cup
- Bend Premier Cup
- Cascade Cup
- Oswego Nike Cup
- PCU Summer Classic
- Portland Cup
- Rockwood Summer Sizzler
- State of Jefferson 6v6
- Woodburn [Athletic Cup](#)

### August

- Battle at the Border
- CFC Waterfront Tournament
- Chinook Cup
- Keizer Euro Cup
- Valley Challenge Cup
- Westside Metros Labor Day Weekend Classic

### September

- Canby Fall Classic
- Cascade 3v3 Challenge
- Nathan Thomas 6v6 Fall Tournament
- Oregon City Fall 3v3 Jr. Classic

### Training

- **UK Elite Training (individual training) -**  
<http://www.ukelite.com>